

PARACORD

Paracord is a shortened word for “parachute cord”, first used by military air troops while parachuting.

The number found in front of different types of **paracord** is the amount of weight in pounds the **paracord** can hold. 550 **paracord**—the most common type of **paracord**—can hold up to 550 pounds!

Paracord is made up of 7 smaller **strands** (inside the outer layer) these strands can be seen when you cut into the **paracord**.

HOW TO USE PARACORD

- ❖ Craft Useful Items
 - keychains, lanyards, bracelets, leashes, belts, slings, pouches,
- ❖ Tie Up Food/Supplies Off the Ground
 - Keep up high away from curious animals and bugs
- ❖ Tie Items Together
- ❖ Practice Knot Tying
- ❖ Campfire Starter
 - Use the inside strands as kindling
 - Use the paracord and wood to make a bow-drill→friction fire starter
- ❖ Shelter Building
- ❖ Fishing
 - Use the inner strands as fishing line
 - Weave a fishing net
- ❖ Trail Markers
 - Tie strands of paracord around trees or branches to mark your path
- ❖ Trapping
 - Homemade traps can be used to trap small animals such as rabbits or squirrels
- ❖ Handle Wrap—for a better grip
- ❖ Replace Shoe/Boot Laces
- ❖ Emergency First Aid

*Find more **paracord** ideas at paracordplanet.com*